



Surf House Santa Teresa

YOGA RETREAT

We believe in the power of combining adventure and relaxation to create transformative experiences. Our idyllic location is not only a sanctuary for surfers but also an oasis for those who seek deep connection through yoga, wellness, and nature. Let us host your next yoga retreat for a truly immersive retreat experience.





DREAMSEA SURF HOUSE SANTA TERESA

About Us

Dreamsea was founded as a result of the enthusiasm for surfing, yoga, nature and social interaction with people from all over the world. From the combination of these passions, our first surf accommodation was born in 2013 in France. A place where you can enjoy a different experience, in a family environment, learn to surf, practice yoga and get close to nature in a more conscious way.

Our philosophy is centered in promoting a sustainable and life-balanced environment for all our guests and team, while sharing a culture of respect and kindness. In our mission to impact positively and promote a necessary change for the planet, we inspire people to make better and more sustainable choices. Our focus is on creating a business model that, despite the economic growth, contributes to protecting our planet and does not take advantage of nature or social inequalities.

“Surf, yoga, nature and community.”

Currently, Dreamsea is present in 8 destinations and multiple locations around the globe, all sharing a single common element: our love for nature, surf, yoga and community. Dreamsea Surf House Santa Teresa — Costa Rica — opens its doors in early 2024. Our surf house is within walking distance of Playa Hermosa, renowned as the best surfing beach in the area. Here, you’ll find the perfect combination of surf adventure and social connection, ensuring a truly unique journey in Costa Rica.

Dreamsea Costa Rica, surf house, opened in January 2024.



DREAMSEA SURF HOUSE SANTA TERESA

Why Dreamsea

Great Location: Dreamsea Santa Teresa is just a 5-minute walk from Playa Hermosa, the top surfing spot in the area. The peaceful and scenic path leading to the beach offers our guests a sense of privacy and tranquility.

Accommodation Options: At Dreamsea Santa Teresa, you can choose between private rooms for a more intimate stay or shared rooms for a more affordable, social experience. The house accommodates a total of 24 guests across 6 rooms. More details can be found on [page 4](#).

Kitchen and In-House Cook: We're happy to adjust our in-house menu to suit your retreat's needs, or, upon request and subject to availability, provide access to our kitchen for your retreat's food preparation.

Various Spaces and Area: Our surf house features a yoga deck with capacity for 8 to 10 people, with mats and blocks included, a surf area, indoor and outdoor chill spaces, a dining area, and a kitchen.

Surf Experience: Enhance your yoga retreat with surf lessons from our highly qualified instructors. Surfboards and gear are also available for rental.

Team: Our team is available to support and assist throughout your yoga retreat, including helping with the entertainment program.

Additional: Wi-Fi, hot water showers, massage service, laundry service, transfer service, grocery shopping options, and a screen with projector are all available for your convenience. We offer daily room service, and fresh towels are provided every 3 days for your comfort.

Costa Rica: This beautiful country offers a wide range of outdoor activities for adventure seekers. Our team will be happy to recommend the best activities to complement your surf and yoga experience.

Dreamsea offers the perfect setting for a transformative experience. With our open-air yoga shala, nourishing meals, warm hospitality and serene atmosphere, it's the ideal destination to connect with nature and deepen their practice. We'd love to collaborate with you to create a truly unforgettable retreat.

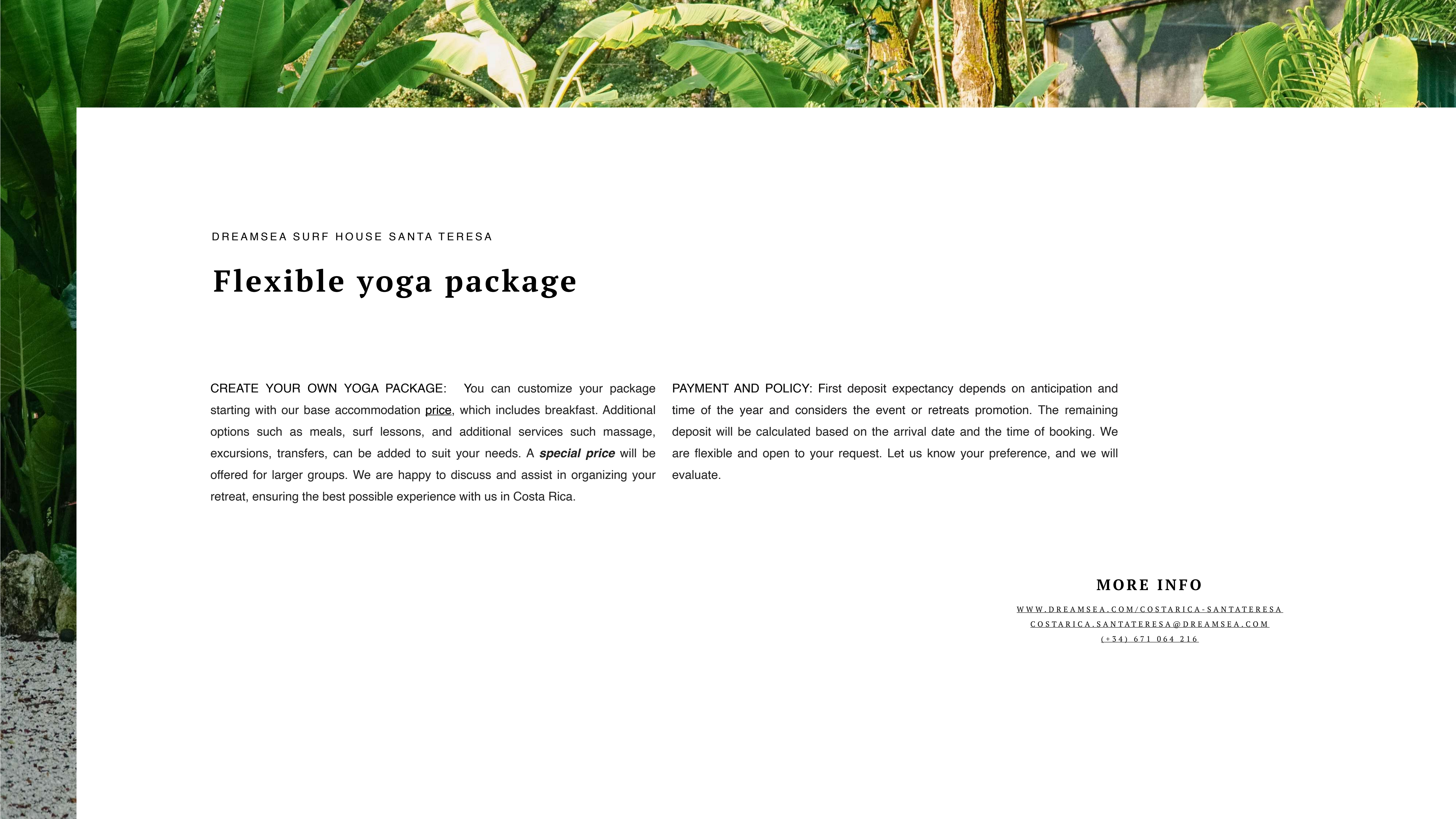




The surf house

DREAMSEA SURF HOUSE SANTA TERESA

Total Capacity: 24 guests across 6 rooms with a total of 21 beds available:
3 Double King rooms with ensuite bathrooms (each with the option of a mezzanine mattress for an extra 3rd guest) //
3 Dorm rooms with 6 beds (3 bunk beds), sharing a bathroom //
Common Areas: Yoga deck, surf area, indoor and outdoor chill spaces, and dining area. Open year-round.

A lush tropical background featuring large green banana leaves and other foliage, with a wooden structure partially visible on the right side.

DREAMSEA SURF HOUSE SANTA TERESA

Flexible yoga package

CREATE YOUR OWN YOGA PACKAGE: You can customize your package starting with our base accommodation price, which includes breakfast. Additional options such as meals, surf lessons, and additional services such as massage, excursions, transfers, can be added to suit your needs. A ***special price*** will be offered for larger groups. We are happy to discuss and assist in organizing your retreat, ensuring the best possible experience with us in Costa Rica.

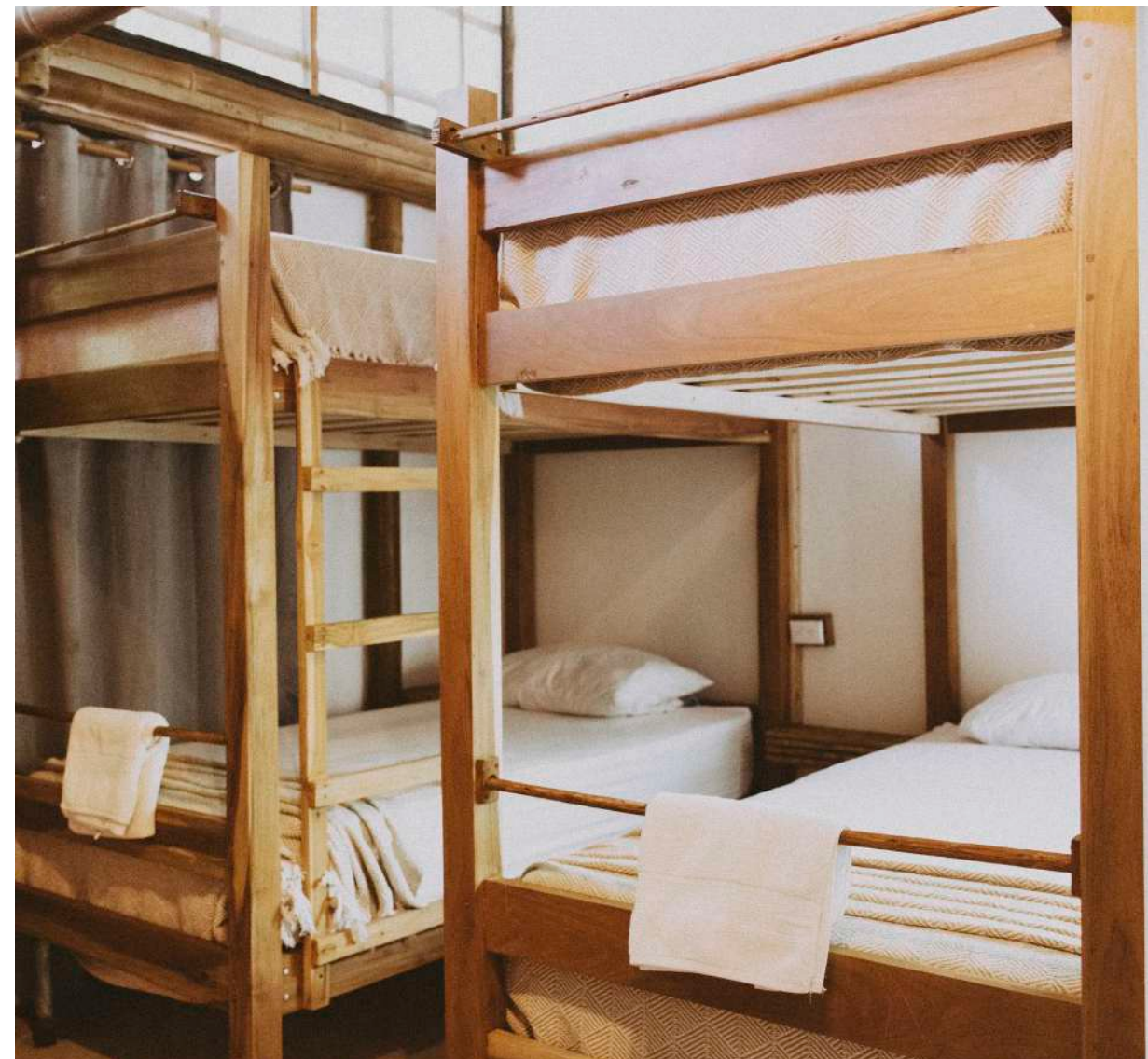
PAYMENT AND POLICY: First deposit expectancy depends on anticipation and time of the year and considers the event or retreats promotion. The remaining deposit will be calculated based on the arrival date and the time of booking. We are flexible and open to your request. Let us know your preference, and we will evaluate.

MORE INFO

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